



# Cowpers Oak

## Lunch & Dinner Menu



Our food is locally sourced where possible, and freshly cooked for you by our kitchen team. Our steaks, sausages and burgers are supplied by Olney Butchers. For allergen advice & gluten free (gf) please ask your server. See separate section for Vegan (vg) and Vegetarian meals(v). Many of our meals can be adjusted; simply ask your server if you have any requirements.

### Starters

<b>Mixed Italian Olives (v)</b>	<b>4.00</b>	<b>The Oak Scotch Egg</b> with black pudding, salad & house dressing	<b>7.00</b>
<b>Smoked Shotgun Shells</b> cannelloni shells stuffed with our own mac & cheese, wrapped in bacon and served with a Jack Daniels Tennessee Apple glaze	<b>8.00</b>	<b>Goats Cheese and caramelised onion Tart</b> served on a bed of salad	<b>8.00</b>
<b>Whitebait</b> with a lemon wedge, side salad & tartare sauce	<b>7.00</b>	<b>Halloumi Fries (v)</b> with sweet chilli sauce and salad garnish	<b>7.50</b>

### Pub Classics

<b>The Cowpers Oak Burger Selection</b> All our burgers are served in a seeded brioche bun loaded with tomato, lettuce, & BBQ Mayo. Then add your choice of our own hand cut chips or fries. On the side we serve our own homemade slaw.		<b>Sausage and Mash</b> Locally sourced sausages served with seasonal vegetables and homemade caramelised onion gravy	<b>15.00</b>
<b>6oz Chargrilled Olney Butchers Beef Burger (gf)</b>	<b>15.00</b>	<b>Cod and Chips</b> Homemade beer battered cod with hand cut chips, mushy peas & tartare sauce	<b>16:00</b>
<b>6oz Addison's Farm Lamb Burger</b>	<b>15.00</b>	<b>Homemade Beef Stew and Dumplings</b> served with creamy mash and seasonal vegetables	<b>18.00</b>
<b>Home Made Southern Fried / Plain Chicken Burger</b>	<b>15.00</b>	<b>Wholetail Scampi</b> with fries, salad and tartare sauce	<b>14.00</b>
<b>Toppings Available:</b> Mature Cheddar/Stilton/Bacon/Jalapenos/House Pickles/Caramelised onions @ <b>£1.00</b> per topping BBQ Brisket/Mac & Cheese @ <b>£3.00</b> per topping		<b>Lemon &amp; Thyme Chicken Supreme</b> served on a bed of puntalette pasta with slow roasted cherry tomatoes, garlic, and spinach	<b>17:00</b>
<b>Double Up</b> add a second burger for just <b>£4</b>		<b>King Prawns (gf)</b> Pan seared in garlic and herb butter with fries, salad and coleslaw. (Prawns served shell on)	<b>17.00</b>
		<b>Pie of the Day</b> with mash/chips, seasonal veg and homemade gravy.	<b>15.00</b>

### .Vegetarian & Vegan

Various meals can be adjusted, please ask your server

<b>Halloumi Burger (v)</b> served in a brioche bun with BBQ mayo, tomato, lettuce with coleslaw & hand cut chips.	<b>15.00</b>	<b>Mediterranean Tart (v,vg)</b> served with salad & fries, hand cut chips or mash	<b>15.00</b>
<b>Moving Mountains Burger (v,vg)</b> served in a vegan bun with tomato, lettuce, salsa & hand cut chips.	<b>15.00</b>	<b>Cowpers Homemade Mac &amp; Cheese:</b> our distinctive Italian Gorgonzola and Belton Farm Red Leicester	<b>14:00</b>

**Burger Toppings:** Mature Cheddar(v) /Stilton(v)/Jalapenos(v)/House Pickles(v)/Caramelised onions(v) @ £1.00 ea, Mac & Cheese (v) @ £3.00 ea

### Extras

<b>Hand Cut Chips (+£1), Fries, Onion Rings, Mash, Seasonal Vegetables, Mac &amp; Cheese Bites</b> per portion	<b>3.50</b>
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**FOR SMOKEHOUSE AT THE COWPERS ... SEE @VER**



Our kitchen operates with standards and procedures to address the risks of cross contamination; however, it is a very fast environment so we cannot guarantee the total absence of allergens when preparing dishes. If you need any more information please ask one of our team members

If we are fully booked try our sister pub **The Horseshoe**, Lavendon



# Cowpers Oak

## Lunch & Dinner Menu



### SMOKEHOUSE AT THE COWPERS

Our Smokehouse Menu marries the British passion for BBQ foods and 'Smoking' from America's Deep South. Landlord Joe makes his own rubs, while Head Chef Dan uses a family recipe for the BBQ sauce. This, combined with superb meat from an independent local butcher, gives you the essence of our authentic Smokehouse.

<b>Half / Full Rack of Ribs</b> smoked for 8 hours. Served with fries and slaw.	<b>15.00 / 25.00</b>
<b>The Smokehouse Burger</b> 6oz beef burger, southern fried chicken breast, mac & cheese, hash brown, cheese, bacon & BBQ mayo. Served with fries & slaw ... <b>go on we dare you!</b>	<b>23.00</b>

<b>Cowpers Homemade Mac &amp; Cheese:</b> our distinctive Gorgonzola and Red Leicester mac & cheese is served with salad or fries and can be topped off with smoked brisket or southern fried chicken for just £3.00 each.	<b>14.00</b>	<b>Smoked Pork Belly Strip</b> served with smoked bacon dauphinoise potatoes, buttered leeks & peas and Jack Daniels Tennessee Apple glaze	<b>15.00</b>
<b>Mountain of Nachos</b> served with brisket, cheese, sour cream, salsa & jalapeño.	<b>17.00</b>	<b>Loaded Fries</b> with cheese, bacon & onion. Includes one of these toppings: brisket or southern fried chicken. Extra toppings @ £3.00	<b>8.00</b>
<b>Cheese &amp; Nine Hours Smoked Brisket Roll</b> served with BBQ liquor, BBQ mayo, caramelised onion, fries & slaw.	<b>15.00</b>		

## Sandwiches

Available at Lunchtimes (except Sundays) on White or Brown Bread or as a warmed Panini

All of our sandwiches are served with tortilla crisps & coleslaw.

Why not upgrade to 'with fries' for £1.50 or with 'hand cut chips' for £2.50?

<b>Posh Fish Finger</b> beer battered cod with tartare sauce	<b>8.00</b>	<b>Sausage</b> with caramelised onions	<b>7.00</b>
<b>Southern Fried Chicken &amp; Bacon Club</b> with BBQ mayo, lettuce and tomato	<b>10.00</b>	<b>Warm Goats Cheese, Red Pepper &amp; Pesto</b>	<b>8.00</b>
<b>Classic BLT</b> Bacon, lettuce, tomato and BBQ mayo	<b>7.00</b>	<b>Cheese and Tomato</b>	<b>7.00</b>

## Desserts

<b>Affogato (v)</b> A vanilla ice-cream topped with a shot of espresso and crushed amaretti biscuits	<b>7.00</b>	<b>Nutella Doughnuts (v)</b> served with cream, vanilla ice-cream and chocolate sauce	<b>7.00</b>
<b>Nonna's Tiramisu</b> Real Italian Tiramisu made in our kitchen to a recipe passed down by Joe's grandmother	<b>8.00</b>	<b>Traditional Jam Roly Poly</b> served with custard	<b>7.00</b>
<b>Ice Cream (v)</b> Two Scoops of Noel's traditional Italian style ice cream. Choose from Madagascan Vanilla/Honeycomb/Belgian Chocolate/Strawberry/Sicilian pistachio / Sorbetto Raspberry or Coconut. Extra Scoop £2.00	<b>4.50</b>	<b>Crumble of the Day (v)</b> served with custard or ice-cream. Please ask your server for details.	<b>7.00</b>
<b>Cowpers Homemade Sundaes</b>	<b>7.00</b>	<b>Vegan Ice Cream (vg,v)</b> Two Scoops. Extra scoop £1.50. Please ask your server for details of flavours.	<b>4.50</b>
<b>Mars in the Stars (v)</b> Chocolate & vanilla ice-cream, chopped mars bars, milky way stars topped with cream & chocolate sauce		see below for Sundae choices	
<b>Crunchie Bites (v)</b> with Noel's honeycomb ice-cream, whippy ice cream topped with cream & chocolate sauce		<b>Aero Bubble (v)</b> with mint choc chip ice-cream, Aero bubbles, whippy ice-cream, topped with cream, Aero bubbles & choc sauce	